Let us not love with words or speech but with actions and in truth

Holy Cross Catholic School Back-to-School Information

Second Grade 2023-2024



Ms. Suzanne DeVaney-Wilkes (Ms. D.) Teacher sdevaney@archdpdx.org

Mrs. Jen Washburn - Instructional Aide Miss Sierra Faoro- U. of P. Student Teacher



Mission Statement

We, Holy Cross Catholic School, take Jesus as our model, in order to serve our diverse parish, surrounding parishes, and our entire neighborhood. We open doors to a rigorous Catholic education for all children, prekindergarten through eighth grade. The school, in the light of Christ, nurtures, affirms, and challenges students in their pursuit of learning and the responsibilities of faith and citizenship.

Core Values

Belief

We guide children to a deeper understanding of their faith and inspire them to take a Christ-like role in the world, acting on faith and nourishing hope.

Learning

We challenge students to high academic exploration and achievement.

Righteousness

We form young people and their families to serve as Jesus served and further God's justice in the world.

Family

We strengthen the bonds of family, the first source of education and spiritual enlightenment. As part of the Body of Christ, we also enfold children in our nurturing Christian family.

Holy Cross Catholic School Pledge

I believe that Jesus is in me, in each of my classmates and in my teachers. All my actions will show my love and respect for Jesus.

Schoolwide Learning Expectations Holy Cross Catholic School

1. As a Faith-Filled Christian, I will...

- A. Learn about the Catholic faith
- B. Show respect to all God's creation
- C. Pray reverently every day
- D.Serve others

2. As a Responsible Citizen, I will...

- A.Do what is right and kind
- B. Take responsibility for my choices
- C. Work cooperatively with others
- D.Solve problems peacefully

3. As a Lifelong Learner, I will...

- A. Listen and participate
- B. Challenge myself to do my best
- C. Communicate respectfully what I need
- D. Support my classmates in their learning

Holy Cross Catholic School Calendar 2023-2024

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No School Days:
Holiday = H
In-Service/workday = 1
Archdiocesan days $= A$
Vacation day = \mathbf{V}
Noon Dismissal = ND
Conferences = PTC

See back for more information

AUGUST

21 School office resumes regular hours: 7:30AM-4:00PM, Monday-Friday

28-31 Teacher In-Service

SEPTEMBER

01 Teacher In-Service

04 Labor Day Holiday

05 First day for 2020-2021

5-8 Kindergarten only: Noon dismissal

5-22 Fall STAR Testing Window

OCTOBER

11 **SCHOOL OUT AT NOON:** Parent-Teacher Conferences, 2:00pm-4:00pm, 5:00pm-8:00pm

NO SCHOOL: Parent-Teacher Conferences 9:00am-noon, 1:00pm-4:00pm, 5:00pm-8:00pm

13 NO SCHOOL: Teacher In-Service

NOVEMBER

NO SCHOOL: Veterans' Day Holiday
 NO SCHOOL: End of 1st trimester
 NO SCHOOL: Thanksgiving Vacation

DECEMBER

4-15 Winter STAR Testing Window

15 SCHOOL OUT AT NOON

18-29 NO SCHOOL: Christmas Vacation

JANUARY

01 NO SCHOOL: New Year's Day Holiday

02 School resumes

12 **SCHOOL OUT AT NOON:** Teacher In-Service

NO SCHOOL: Dr. Martin Luther King Jr. Holiday

28 Catholic Schools Week begins

FEBRUARY

02 NO SCHOOL: Faith Formation In-Service

5-9 ACRE Assessment Testing for grades 5 & 8

19 NO SCHOOL: Presidents' Day Holiday

20 NO SCHOOL: In-Service Day

MARCH

01 NO SCHOOL: Teacher In-Service

O7 SCHOOL OUT AT NOON: Parent-Teacher Conferences 2:00pm-4:00pm, 5:00pm-8:00pm

08 SCHOOL OUT AT NOON: Parent-Teahcer Conferences 8:30am-noon

25-29 NO SCHOOL: Spring Vacation

APRIL

1-12 Spring STAR Testing Window

12 SCHOOL OUT AT NOON: Teacher In-Service Day

MAY

27 NO SCHOOL: Memorial Day

JUNE

6 & 7 <u>Pre-K and Kindergarten only:</u> Noon dismissal, Parent-Teacher conferences

07 8th grade graduation

14 Last day of school

17-18 Teacher In-Service

19 **School Closed:** Juneteenth Holiday

20 Teacher In-Service

Holy Cross Catholic School 2023-2024 School Uniform and Dress Code Policy

- o The Holy Cross Catholic School uniform policy was designed to be workable for parents, enforceable by the school, and to help students focus on learning and not on what other students are wearing. All faculty and administrators have the right to judge what is not appropriate regarding student dress code, and to enforce consequences for inappropriate dress.
- O Uniform items may be purchased through such retailers as Dennis Uniform, JC Penney, & Target. We ask that you make your purchases using school scrip whenever possible. The school also maintains a Uniform Closet of donated, gently-used clothing, which is available to all families at no charge. An order for our official school sweatshirt will be placed in the fall.
- Violation of the Uniform and Dress Code Policy will result in the student not being allowed to participate in the next Free Dress Theme Day.

SHIRTS:

Plain white or navy polo, long or short sleeves, no logos

Plain white or navy turtleneck, no logos Must fit the wearer: must not be oversized or tight-fitting

No skin may be visible between waistband of pants and hem of shirt when arms are raised above the head

Girls may wear **plain** white cotton blouses with collars and sleeves

No colored undershirts or T-shirts worn under polo shirt

SWEATSHIRTS/SWEATERS:

Sweatshirts are considered "outerwear", and a collared shirt must be worn underneath Navy Holy Cross Catholic School sweatshirts First and/or last names only on sweatshirts, no nicknames

Plain navy or white cardigan sweaters
Plain navy sweatshirt jackets (no designs or logos)
No sweatshirts with logos other than Holy Cross
School are to be worn in the classrooms
Jackets and coats cannot be worn in the classrooms

PANTS:

Solid navy or khaki (Dennis Uniform or French Toast color), twill or corduroy

No low-rise, baggy, or tight-fitting slacks

Leggings may not be worn as pants

Middle school students must wear a belt Capri pants must be hemmed No cargo or carpenter pants, or pants that convert to shorts

No sweatpants

WALKING SHORTS:

Solid navy or khaki (Dennis Uniform or French Toast color), twill only

Fitted at the waist

Hem must be an appropriate length (no higher than 3" above the knee)

Functional pockets only

SKIRTS, SKORTS, JUMPERS, & ONE-PIECE DRESSES:

Any item in the Marymount Plaid

Solid navy or khaki (Dennis Uniform or French Toast color)

Solid navy or khaki one-piece dresses

Jumpers only (sleeveless and collarless), no one-piece dresses

Hem must be an appropriate length (no higher than 3" above the knee)

It is highly recommended that shorts be worn under skirts and jumpers

SHOES & SOCKS:

Tennis shoes or rubber-soled shoes that are fully laced and/or otherwise fully fastened. Velcro shoes for all students unless they can tie their own shoes independently.

Girls may wear closed-toe flats Socks must be worn at all times

Tights and leggings must be solid color: white,

black, or navy only. Leggings can be worn under skirts or jumpers.

<u>NO</u> open back shoes, sandals, flip-flops, clogs, Crocs, heels, or platform shoes

MAKE-UP & NAIL POLISH:

Light make-up may be worn only by middle school girls

No distracting nail polish colors or designs NO acrylic (fake) fingernails

JEWELRY & ACCESSORIES:

Small stud or small hoop earrings ONLY

NO smart watches

No distracting headbands

No piercings other than earlobes

No tattoos

No bandanas may be worn, as headbands or otherwise

HATR:

Hair must be kept clean, neat, & styled in such a way as to not be a distraction to learning

No distracting hair colors or hair styles

A student who is inappropriately dressed at any time will be sent to the principal's office. The student will be taken to the Uniform Closet to change into approved attire. Parents will be notified. If no uniforms are available in the student's size, parents may be asked to take the student home to change clothes

FREE DRESS and THEME DAYS:

Other than uniform clothing, dress code policy (shoes, jewelry, etc.) still applies.

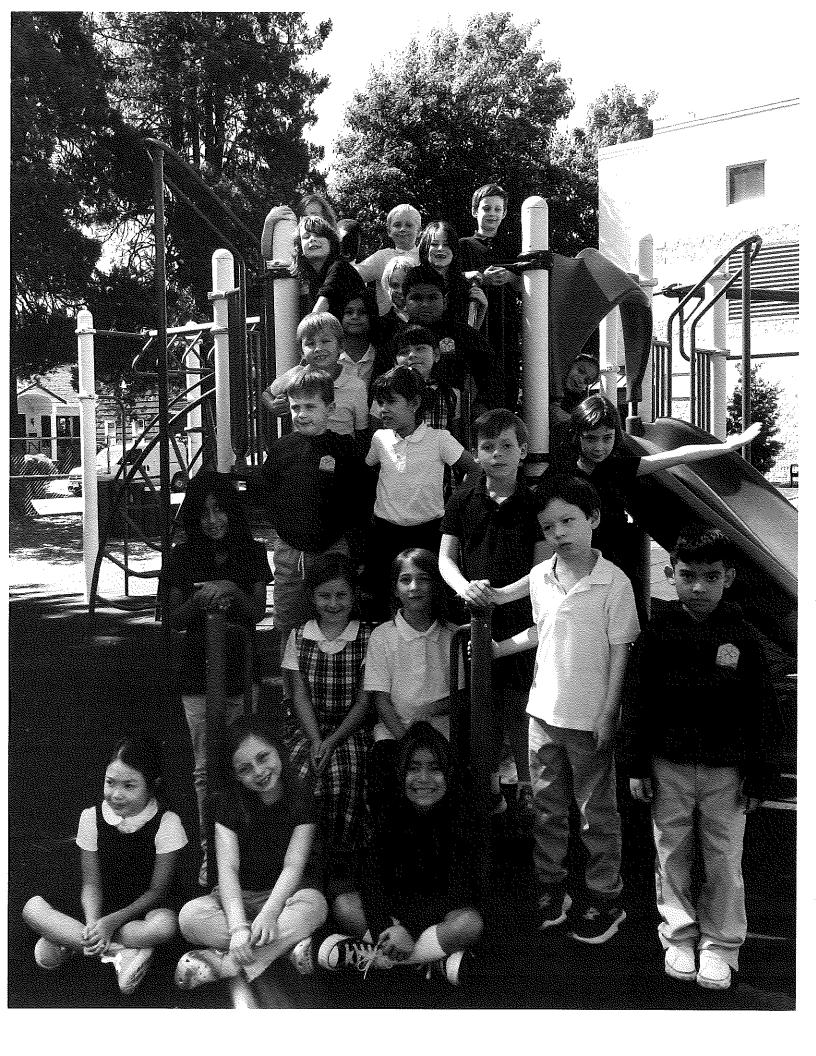
- Jeans must be fitted at the waist and must not be tight-fitting or baggy. No jeans with holes or rips.
- Pants must be fitted at the waist. No low-rise, baggy, or tight-fitting pants.
- Skirts and shorts must be an appropriate length (no higher than 3" above the knee). It is highly recommended that shorts be worn under skirts.
- Shorts must have functional pockets.
- Tights cannot be worn as pants.
- Leggings or yoga pants may be worn as pants as long as they are thick enough that they are entirely opaque (not see-through).
- No crop tops. All shirts must be hip length, or long enough to tuck into the waist of the bottoms worn with them.
- Necklines of shirts must reach armpit height at the lowest.
- No tank tops.
- T-shirts or sweatshirts may have logos, sayings, etc. as long as they are appropriate for wear at a Catholic grade school.

Second Grade Class List

2023-2024

Ms. Suzanne DeVaney-Wilkes (Ms. D.) - Teacher Mrs. Jen Washburn - Instructional Aide Miss Sierra Faoro - U. of P. Student Teacher 12 Girls and 12 Boys

- 1. Callia Brochis
- 2. Michael Duop
- 3. Gio Gambino
- 4. Mason Heidrich
- 5. Guillermo Juan-Dean
- 6. Maggie Kalchthaler
- 7. Thurman Kern
- 8. Chloe Kiltow
- 9. Cadence Leahy
- 10. Malinah Leon-Corona
- 11. Albhie Linden-Levy
- 12. Camila Lopez-Castro
- 13. Ansel Medice
- 14. David Medina Hernandez
- 15. William Pattle
- 16. Llewelyn Puntney
- 17. Daniella Regalado Chavez
- 18. Maven Reloba
- 19. Melanie Rojas-Salinas
- 20. Eli Rosenthal
- 21. Arohi Sharma
- 22. Oliver Walls
- 23. Sam Zajonc
- 24. Rosemary Zavage



Friday 09/15/2023	Start Esting Window # X Morning Work 8:00am -	o.zuarn Children's Mass 8:20am - 9:10am	Calendar 9:15am - 9:30am Sentolesate News 3:30ant	Or Observe Snack in the Classroom	Morning Recess 10:10am - 10:30am	Spelling 10 State 10 State Reading/English - Day Five	10:45am - 11:45am Noon Revess 1:45am	Lincia 2 Open Laboration	P.E. 1;25pm - 2:10pm i-Ready online Math Time	2: 10pm - 2: 30pm Heriowating 2: 30pm - 2: 45pm	End of the Day Closing 2:45pm - 2:55pm	Frayer z sopim = studpim
Thursday 09/14/2023	StarsTesting Window #1 Morning Work 8:00am -	Calendar 8:20am - 8:40am	Art 9:20am - 10:00am	10:00am - 10:10am Morning Recess 10:10am -	10430am Spelling 10 38am - 16 48am	Reading/English - Day Four 10:45am - 11:45am	12 fljam tetingstragnme tezadjim	Music 12:35pm - 1:20pm Math 1:20pm - 2:00pm	Social Studies or Science 2:00pm - 2:45pm End of the Day Closing	2:45pm - 2:55pm Prayer 2:55pm - 3:00pm	Dismissal 3:00pm - 3:00pm	
Wednesday 09/13/2023	StartTesting Window#1 Morning Work 8:00am -	Calendar 8:20am - 8:40am	Library and Technology 9:20am - 9:55am	Snack in the Classroom 10:00am - 10:10am	Morning Recess 10:10am - 10:30am - Shelling 10 30am	Reading/English - Day Three 10:45am - 11:45am	Moon Revess II doein (2.18pm	Math 12:40pm - 1:30pm	End of the Day Closing 1:45pm - 1:55pm	Prayer 1:55pm - 2:00pm Dismissal 2:00pm - 2:00pm		
Tuesday 09/12/2023	Star Testing Window #1 Morning Work 8:00am -	Calendar 8:20am - 8:40am	Second Step 9:25am - 9:55am - 9:55am	Snack in the Classroom 10:00am - 10:10am	Morning Recess 10:10am - 10:30am	Reading/English - Day Two 10:45am - 11:45am	Noon Reseas VII disem- 12 (1998)	Music 12:35pm - 1:20pm Math 1:25pm - 2:10pm	Social Studies or Science 2:10pm - 2:45pm	End of the Day Closing 2:45pm - 2:55pm	Prayer Z.Sopin - Z.Sopin Dismissal 3:00pm - 3:00pm	
Monday 09/11/2023	Star Testing/Window##1 Morning Work 8:00am -	Calendar 8:20am - 8:40am	Library and Technology 9:20am - 9:55am	Snack in the Classroom 10:00am - 10:10am	Morning Recess 10:10am - 10:30am - Shellfoot II Shellfoot	Reading/English - Day One 10:45am - 11:45am	Noon Receive In Adem - 2 Hopm	Math 12:40pm - 1:25pm p = 1:25pm 2:10pm	i-Ready online Math Time 2:10pm - 2:30pm	Handwitting 2.300m 2.25pm End of the Day Closing	z.45pm - z.55pm Prayer 2;55pm - 3:00pm	Dismissal 3:00pm - 3:00pm

Second Grade Curriculum Highlights

Religion:

Text: Alive in Christ (Our Sunday Visitor)

Grade-level focus: Sacraments of Reconciliation (Penance) and Eucharist (Communion)

- Each chapter provides opportunities to pray, study, apply, and reflect on God's Word.
- Students participate in weekly school Masses and seasonal liturgical celebrations.
- Second graders who have been baptized have the opportunity to receive the Sacraments of Reconciliation and Eucharist through Holy Cross Parish.
 Registration materials are available from either Ms. D. in the classroom or Mrs.
 Andrea Swanson in the Parish Office. If you are interested in the Sacrament of Baptism for your child, please contact Mrs. Swanson as soon as possible.

Math:

Text: Ready Math (Curriculum Associates)

Online Components: i-Ready (Individualized lessons), IXL Math, Mindset Mathematics

Unit 1: Operations and Algebraic Thinking

Addition and Subtraction Facts

Problem-Solving

Making a Ten

Odd and Even Numbers

Unit 2: Number and Operations in Base Ten

Add and Subtract 2 and 3-Digit Numbers

Problem-Solving

Understand, Read, Write, and Compare 3-Digit Numbers

Unit 3: Measurement and Data

Understand Length and Measurement Tools

Measure Length

Measure Length with Different Units

Estimate, Compare, Add and Subtract Lengths

Understand Reading and Making Line Plots

Unit 4: Geometry

Recognize and Draw Shapes

Understand Tiling in Rectangles

Understand Halves, Thirds, and Fourths in Shapes

Language Arts

Reading:

Text: Journeys (Houghton Mifflin Harcourt)

Supplemental Materials: Reading a-z (eBooks), IXL Language Arts (online practice site),

and trade books

Lessons include interactive, read-aloud texts of varied genres (realistic and humorous fiction, informational, folktales, poetry, etc.), explicit instruction of comprehension skills and strategies, and word study (phonics and vocabulary).

Standards include key ideas and details, craft and structure, integration of knowledge and ideas, and range of reading and level of complexity for both <u>literature</u> and <u>informational text</u>.

Writing:

Text: Journeys

Students will integrate **spelling** (Rebeca Sitton) and **grammar** skills as they practice writing in **narrative**, **informative**, and **opinion** styles. **The 6+1 Traits of Writing** (Ideas, Organization, Word Choice, Voice, Sentence Fluency, Conventions, and Presentation) will be practiced during the **writing process** and utilized for **assessing** completed projects.

Handwriting:

Text: Zaner-Bloser Handwriting

The beginning of the year will be spent reviewing manuscript letters. The remainder of the year will be spent learning and practicing cursive handwriting.

Social Studies:

Text: **People We Know** (Harcourt)/Curriculum Maps based on Archdiocesan Standards Topics include:

History of Holy Cross Parish and School

Using a calendar to note holidays and important school/community events Geography

Civics (rules) and Local Government

Economics (saving, businesses, goods and services)

Social Sciences Analysis (connecting current/historical events and people, evaluate information related to an issue.

Science:

The Archdiocesan Standards are based on the Next Generation Science Standards (NGSS)

Text: Building Blocks of Science - 3D, published by Carolina Biological Supply Co. Units of study:

- Matter
- Earth Materials
- Ecosystems

Supplements to science include: Mystery Science, field trips, and online resources.

Health and Safety:

Second Step Curriculum

There are three units in this program.

- Social-Emotional Learning
- Child Protection
- Bullying Prevention

The first two units are Archdiocesan mandated and the third unit about bullying is optional. I believe bullying is an important topic. We will complete this unit, too.

In addition to Second Step, the students will learn about The Zones of Regulation.

Art:

Formal lessons will focus on the elements of art (line, color, shape, form, value, space, and texture). Seasonal and integrated content area based projects will also be explored.

<u>Field Trips</u>: Tentative trips include OMSI, Franz Bakery, Sauvie Island Center, and a live theatre production.

Specials Classes and Teachers:

Administration:

P.E. - Mrs. Melissa Brant

Pastor: Fr. Mark Bachmeier

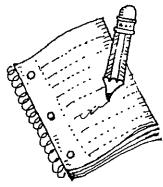
Music - Miss Madi Zuro

Principal: Mr. R. J. Tagorda

Technology – Mrs. Janie Tagorda

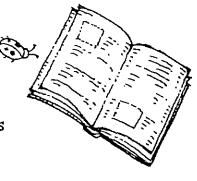
School Secretary: Ms. Debbie Larsen

Library – Mrs. Amanda Louie





2nd Grade Assignments Holy Cross Catholic School ~ Ms. DeVaney-Wilkes



Name
Date of Absence
Religion:
Math:
Reading:
Spelling:
Grammar:
Writing (Compositions):
Handwriting:
Science:
Social Studies:
Art:

All assignments are due within a reasonable amount of time after returning from an absence.

Please return textbooks to school daily even if all of the make up work is not yet finished. Thank you.



Second Grade Classroom Expectations and Management



In order to create a positive learning environment, Holy Cross has developed a set of Schoolwide Learning Expectations (SLEs). These expectations form the foundation of our learning community. Under each of the three main SLE headings are a set of specific observable behaviors that exemplify the positive choices that Faith-Filled Christians, Responsible Citizens, and Lifelong Learners make each day.

Here are the Schoolwide Learning Expectations and their skill sets:

1.As a Faith-Filled Christian, I will ...

- A. Learn about the Catholic faith
- B. Show respect to all God's creation
- C. Pray reverently every day
- D. Serve others

2.As a Responsible Citizen, I will ...

- A. Do what is right and kind
- B. Take responsibility for my choices
- C. Work cooperatively with others
- D. Solve problems peacefully

3.As a <u>Lifelong Learner</u>, I will ...

- A. Listen and participate
- B. Challenge myself to do my best
- C. Communicate respectfully what I need
- D. Support my classmates in their learning

Second graders are also expected to follow five classroom rules that support the Schoolwide Learning Expectations:

Rule #1 - Listen when the speaker is talking.

Rule #2 – Follow directions quickly.

Rule #3 - Respect others. Respect yourself. Respect our school.

Rule#4 – Make smart choices.

Rule #5 - Be safe. Be kind, Be honest.

Whenever your child has to be reminded to follow the Schoolwide Learning Expectations, it is communicated to you on the Homework and Behavior Form by being highlighted in yellow. This form is the top page of your child's weekly homework packet which goes back and forth between school and home daily in your child's Home Folder. When an SLE is highlighted, please take some time to discuss what happened and how your child could have made better choices. If no SLEs are highlighted, that means your child is making an effort to follow the school's expectations. Hooray! Praise your child for their effort!

At the beginning of the school year, students receive a sticker on a desk chart each day when no "reminders" have been given. Once twenty-five stickers have been collected, they become Busy Bee Self-Managers which means they are eligible for special treats and privileges. Students who become Busy Bees must continue to follow the SLEs and classroom rules. If they receive three reminders in a row in one day or over the course of days, they will no longer be Busy Bees. Special privileges are taken away. They must collect ten stickers on a new chart to become Busy Bees again!

It is my intent to encourage the students to do their best and experience how good it feels when positive choices are made, while at the same time taking advantage of those teachable moments where better decisions could have been made. Hopefully, throughout the year you will notice a greater awareness in your child's ability to self-monitor behavior and do what is right and kind on their own.

September 2023



Dear Second Grade Families.

Beginning the week of September 25th, we will start a yearlong program honoring each second grader! This special recognition is called **Student of the Week (S.O.T.W.)**. Your child will have the opportunity to complete a bee mobile/poster and bring meaningful items to share during an assigned week. The S.O.T.W. has a designated bookshelf to display important belongings and photos, too.

Items to send for sharing may include special photos, drawings, projects, scrapbooks, awards, trophies, medals, certificates, special toys, just to name a few. Please be sure your child plays a key role in choosing what to bring so he/she will be able to tell us about each thing. There should about one item to share per day during this special week.

On the following page, you will find the **Student of the Week Schedule** for the year. Our new student will be first followed by returning students in reverse alphabetical order. Mark your calendars! The bee mobile/poster and a letter with instructions will be sent home the week before your child's assigned week. Please return the completed poster and bring all items to share for the entire week on the first day. Everything will be safely kept on the S.O.T.W. sharing shelves and will be sent home at the end of the week.

I hope this will be a positive experience for your child. The students and teachers really enjoy learning more about their classmates, and it's great public speaking practice, too! Thank you for your support.

Blessings,

Ms. DeVaney-Wilkes

2nd grade teacher ~ Holy Cross Catholic School



Student of the Week Schedule *

Second Grade 2023-2024

Sept. 25-29 ~ Arohi Sharma

Oct. 2-6 ~ Rosemary Zavage

Oct. 16-20 ~ Sam Zajonc

Oct. 23-27 ~ Oliver Walls

Oct. 30 - Nov. 3 ~ Eli Rosenthal

Nov. 13-17 ~ Melanie Rojas-Salinas

Nov. 27- Dec. 1 ~ Maven Reloba

Dec. 4-8 ~ Daniella Regalado Chavez

Dec. 11-15 ~ Llewelyn Puntney

Jan. 8-12 ~ William Pattle

Jan. 22-26 ~ David Medina Hernandez

Feb. 5-9 ~ Ansel Medice

Feb. 12-16 ~ Camila Lopez-Castro

Mar. 11-15 ~ Albhie Linden-Levy

Mar. 18-22 ~ Malinah Leon-Corona

Apr. 1-5 ~ Cadence Leahy

Apr. 8-12 ~ Chloe Kiltow

Apr. 15-19 ~ Thurman Kern

Apr. 22-26 ~ Maggie Kalchthaler

Apr. 29 - May 3 ~ Guillermo Juan-Dean

May 6-10 ~ Mason Heidrich

May 13-17 ~ Gio Gambino

May 27-31 ~ Michael Duop

June 3-7 ~ Callia Brochis

^{*}Students have been assigned a 5-day week. Everyone will have the opportunity to share each day. An informational letter and poster will be sent home the week prior to your child's special week.

Grading Procedures for 2nd Grade



The grading key for letter grades is listed below.

E = Excellent

VG = Very Good

S = Satisfactory

N= Needs Improvement

U= Unsatisfactory

The grading scale for percentages is listed below:

90 - 100 = E

80 - 89 = VG

70 - 79 = S

60 - 69 = N

---- 59 = U

Graded assignments are sent home on a regular basis via your child's Home Folder. Please check this folder daily. There may be times that your child will be asked to complete and/or correct work at home and return it to school. Your cooperation and help is greatly appreciated!

If you have questions or concerns about your child's progress, please contact me right away. Remember, we're all working together to help your child succeed.



Quick Start Training for Parents

- 1. Click on the link provided in the "Welcome to TeacherEase" email.
- 2. You will be asked to create your own password, confirm password.
- 3. If you have multiple children at this school, you can toggle between your children in the upper right corner.
- The Parent Main dashboard will show you the most recent activity in your TeacherEase account. You can customize by selecting the blue gear at the top of each column.
- 5. Classes/Subjects This contains a List of classes, schedule and associated grading scales.
- Assignments/Lessons Your child's homework and the date due can be found here. You can change the Mode in the upper right to view weekly or monthly calendar views.
- 7. **Grades** Summary grades for each class and graded assignments can be found here. Click on the "Scores" link for a detail of each assignment. It also contains a list of missing homework that your student should make up.
- 8. Attendance Contains date and times of all student absences and tardies.
- Send Email Send an email to a teacher or administrator
- Email Logs Emails sent or received through TeacherEase are logged for documentation
- 11. Calendars This contains the school calendar of dates and upcoming events. Click on a specific month to see the details.
- 12. **Update Password/Profile** allows parents to set their own private password or change their email address.
- 13. Behavior Logs List of notes made by the teachers regarding student behavior.
- 14. Announcements School-wide and class specific urgent announcements show up here.





Birthdays are very special to second graders! Here are just a few things to keep in mind as we begin a new school year.

- If your child's birthday is during the school year, we will celebrate it on, or as close to, the actual date as possible. For instance, if the birthday is on a weekend, we'll celebrate on either Friday or Monday.
- If your child's special day is during the summer, don't worry, we won't
 forget to celebrate! August birthdays will be celebrated in September.
 Birthdays after the school year ends that are in June or July will be
 celebrated in June before the end of the year.
- Often times, families like to send in treats on the day we celebrate at school. This could be a food or non-food item. Please remember that food items must be store-bought and easy to pass out. We usually enjoy food treats during snack time or at lunch. No drinks need to be provided. Please don't feel obligated to bring anything. We make the birthday person feel special with a prayer, song and a little treat bag. Your family treats, however, make the day extra special.
- Birthday invitations: Sometimes families will have birthday parties outside
 of school time and may want to bring party invitations to school. This is
 fine so long as everyone in the class is invited. I don't want anyone's
 feelings to get hurt if they're not invited. Please mail or send electronic
 invitations. Thank you so much!

CHOC Children's

Sleep Hygiene for Children

Preschoolers (ages 3-5 years) generally need between 10-13 hours of sleep per night, and school-age children (ages 6-13 years) need between 9-11 hours of sleep per night.

- Stick to the same bedtime and wake time every day, even on weekends. Children sleep better when they have the same bedtime and wake time every day. Staying up late during the weekend and then trying to catch up on sleep by sleeping in can throw off a child's sleep schedule for several days.
- 2. Beds are for sleeping. Try to use your bed only for sleeping. Lying on a bed and doing other activities (e.g., watching TV, using a tablet or computer) makes it hard for your brain to associate your bed with sleep.
- **3.** A comfy, cozy room. A child's bedroom environment should be cool, quiet, and comfortable.
- **4. Alarm clocks are for waking up.** Children who tend to stare at the clock, waiting and hoping to fall asleep should have the clock turned away from them.
- **5. Bedtime routine.** A predictable series of events should lead up to bedtime. This can include brushing teeth, putting on pajamas, and reading a story from a book.
- 6. Quiet, calm, and relaxing activities. Before bedtime is a great time to relax by listening to soft, calming music or reading a story. Avoid activities that are excessively stimulating right before bedtime. This includes screen time like watching television, using a tablet or computer, and playing video games, as well as physical exercise. Avoid these activities during a nighttime awakening as well. It is best to keep video games, televisions, or phones out of the bedroom and to limit their use at least 1 hour before bedtime.
- 7. How to relax. If a child needs help relaxing, they can use techniques such as taking deep and slow breaths or thinking of positive images like being on a beach.
- 8. Start the day off right with exercise. Exercising earlier in the day can help children feel more energetic and awake during the day, have an easier time focusing, and even help with falling asleep and staying asleep later on that evening.
- **9. Avoid caffeine.** Avoid consuming anything with caffeine (soda, chocolate, tea, coffee) in the late afternoon and throughout the evening. It can still cause nighttime awakenings and shallow sleep even if it doesn't prevent one from falling asleep.
- 10. If you can't sleep, get out of bed. If a child is tossing and turning in bed, have them get out of bed and do something that isn't too stimulating, such as read a boring book (e.g., textbook). They can return to bed once they are sleepy again. If they are still awake after 20-30 minutes, they can repeat the process and get out of bed for another 20 minutes before returning. Doing this prevents the bed from being associated with sleeplessness.

- 11. Put kids to sleep drowsy, but awake. The ideal time for a child to go to bed is when they are drowsy, but still awake. Allowing them to fall asleep in places other than their bed teaches them to associate sleep with other places than their bed.
- 12. Cuddle up with a stuffed animal or soft blanket. Giving a child a security object can be a good transition to help them feel safe when their parent(s) isn't/aren't there.

 Try to incorporate a doll, toy, or a blanket to comfort them when it's time for bed.
- 13. Bedtime checkups should be short and sweet. When checking up on a child, the main purpose is to let them know you are there and that they are all right. The briefer and less stimulating, the better.
- 14. Maintain a sleep diary in order to track naps, bedtimes, wake times, and behaviors to find patterns and work on particular problems when things are not going well.

2nd Grade Learning Resources

Students should be familiar with and able to recite the prayers of the grade level as well as those from earlier grades.

Sign of the Cross (Kindergarten)

In the name of the Father, and of the Son, and of the Holy Spirit, Amen.

The Lord's Prayer (1st grade)

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not in temptation, but deliver us from evil. Amen.

Hail Mary (Kindergarten)

Hail, Mary, full of grace, the Lord is with thee.
Blessed art thou among women
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners, now and at the hour of our death. **Amen**.

Glory Be (Kindergarten)

Glory be to the Father, and to the Son, and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end. **Amen**.

Angel of God (Kindergarten)

Angel of God, my Guardian dear, to whom God's love commits me here. Ever this day, be at my side, to light and guard, to rule and guide. **Amen**.

Prayer Before Meals (1st grade)

Bless us, O Lord, and these thy gifts which we are about to receive from thy bounty, through Christ our Lord. **Amen**.

Prayer After Meals (1st grade)

We give you thanks, Almighty God, for all your gifts which we have received, through Christ our Lord. **Amen**.

Act of Contrition (2nd grade)

My God, I am sorry for my sins with all my heart.
In choosing to do wrong and failing to do good,
I have sinned against you, whom I should love above all things.
I firmly intend, with your help, do do penance, to sin no more, and to avoid whatever leads me to sin.
Our Savior Jesus Christ suffered and died for us.
In his name, my God, have mercy. Amen.

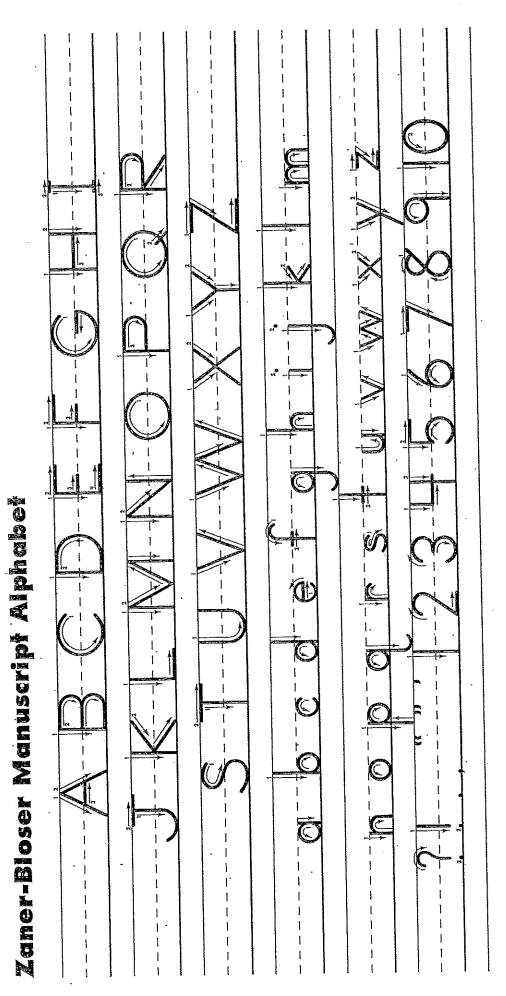
Level Two Core Words

Words with Frequencies in Writing 1-170

• Denotes Core Words introduced in Level 2.

a	be	• down	have	• know	
● about _	• because	• each	he	• last	
• after	• been	end	• help	• left	•
again	• between	• even	• her	• like	
• air	• big	• every	• here	• line	
all	but	• find	• him	• little	
also	by	• first	his	• long	AS WE LEARN TO SPELL
• an	• called	for	home	• look	THESE WORDS, WE USE THEM TO BUILD SKILLS
and	• came	• found	• how	• made	AND TO MAKE MORE WORDS.
• another	• can	from	I	• make	- an
• any	• come	• get	• if	• man	- (50)
are	• could	• give	in	many	
• around	• day	• go	• into	• may	_
as	• did	• good	is	• me	_
at	• different	÷	it	• men	
• away	• do	had	• its	• more	
• back	• does	• has	• just	• most	-AD-

• much	• out	• still	• †oo	• why
● must	• over	such	• two	● will
my	• own	• take	• under	with
• name	• part	• tell	• цр	● words
• never	• people	• than	• US	• work
new	• place	that	• use	• would
• no	• put	the	• very	• write
not	• read	• their_	<u>was</u>	уоч
now	right _	• them	• water	• your
number	said said	• then	● way	*
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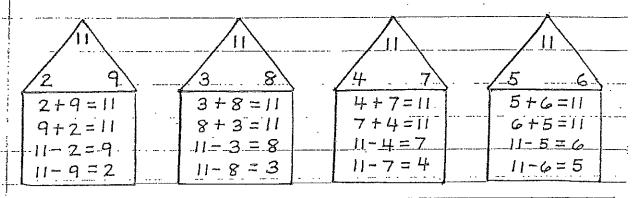
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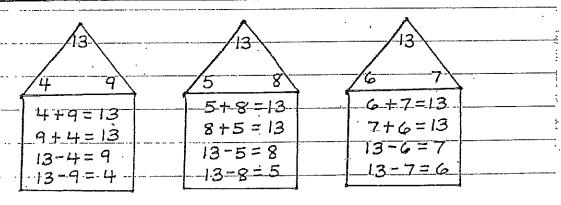
Math Fact Families to 18

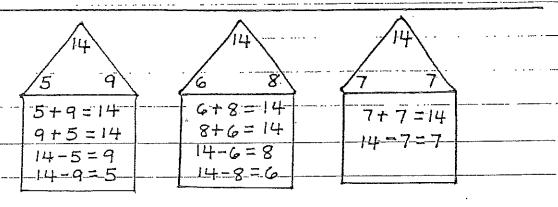
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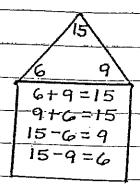
Use these related numbers to help you memorize the addition and subtraction facts.



12	12	/12	/12
3 9	4 8	5 7	6 6
3+9=12	4+8=12	5+7=12	6+6=12
9+3=12 12-3=9	8+4=12 12-4=8	7+5=12 12~5=7	12-6=6
12-9=3	12-8=4	12-7=5	



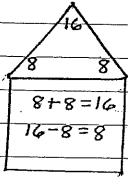


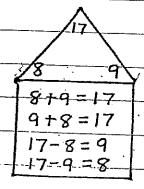


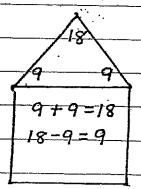
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/`	
/7	8/
7+8	=15
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15-7	′=8
15-8	= 7

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SPELLING MENU

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children	again again	It hlerre
listen	again	them
people	aga	<u>It hleytre</u>
3 Times Each	Across & Down	Rainbow Words
about	b	friend
about	boy	here
about	У	wanted
Violet Vowels	Stair Steps	Front & Back
thought	s	really:
what	sa	yllaer
being	saw	really
Bubble Letters	Dot Letters	Cloud Letters
Areb	what	AFTER
80000J	where	BEFORE
Hir	when	COMING
Syllables	Rhyme Time	Spot Light
cr/ash	went - tent	measure
sis/ter	rain – main	measure
broth/er	junk – sunk	measure
Swirly Words	Silly Sentences	ZYX Order
EATING	The dog wanted to	young
DRINK	skate and jump	sure
WRITING	inside the house.	often