Holy Cross Summer Faith Fun 2020 CRAFT: Family Affirmation Bags

Materials Needed:

- One brown paper bag per family member
- Pens, pencils, markers, or crayons
- Either slips of paper (for older kids) OR printed out slips (last page of this document)

Procedure:

- 1. Give each family member (parents included!) a brown paper bag to decorate for themselves. They can decorate it any way they want. (You can also do collage decorations with cutouts from magazines.)
- 2. Tape these paper bags on the bedroom doors of each person in the family. This gives each person their own personal mailbox.
- 3. Explain to your family the project that you'll do together over the course of the next week (or longer, if you'd like):
 - a. Each day, every member of the family needs to write a little note to each person in your family. These notes should <u>affirm</u> the other person- they should say something nice about each person.
 - b. You can either create your own notes on slips of paper or you can use the premade slips and just fill them out.
 - c. Parents, please have little slips of paper in a spot that is easy to get to for the children. (Possibly have them all on the dinner table.)
- 4. As a family, check in before dinner to make sure that each person has written a note for everyone else and put the notes in their bags.
- 5. Either at dinner or after dinner, you can have each family member read their affirmations for the day.
- 6. After all the affirmations have been read, you can put all the notes in a bowl on the table that will continue to fill throughout the week.
- 7. As a family, talk about how blessed your family is. Look at all the wonderful compliments and gifts that you've all been given, looking at all the bowl of affirmations.
 - a. How did it feel to receive your affirmations from your family?
 - b. Did this activity help you to see how God has given you many blessings?



Varying Option:

- As mentioned earlier, you can either create your own affirmation cards or you can use the included page of affirmation cards.

Please share photos from your creations with Andrea so that we can put them on the website!





I love it when you	You are very good at
You make me feel happy when you	Today, you did this nice thing:
God gave you this talent:	Today, I want to give you
When you smile, you make me feel	You are so good at
My favorite thing to do together is	You make my day brighter when you